

Clarence Central School District

Dear Parents and Guardians,

This year there are a number of students in your child's classroom with severe peanut and tree nut allergies. We are sharing this information with you as we look to work collaboratively to provide a safe and healthy classroom for each of our children. Because a child with a serious peanut/tree nut allergy can suffer a severe reaction by ingesting even trace amounts or simply touching a peanut/nut containing food, we are sending you these guidelines for classroom snacks. In the lunchroom we provide separate seating for our students with peanut/nut allergies, therefore the guidelines will not impact your own child's lunch.

We need your support by voluntarily adhering to the following food allergy safety guidelines for snacks:

1. Do not send any food items to be eaten as your child's snack in our classrooms with ingredient labels indicating they contain peanuts, peanut butter, peanut oils or tree nuts.
2. Please do not send any food items with ingredient labels indicating they were "manufactured in a facility that processes peanuts/nuts". For example, some cookies or granola bars.
3. If your child ate foods with peanuts/nuts or peanut butter for breakfast, please remind him/her to wash their hands with both soap and water before leaving for school. Hand gels do not remove peanut/nut proteins, however, hand washing and hand wipes do. Hand washing routines are good health habits for all children.
4. Please be aware and remind your children of any age, students are not allowed to share their snacks or lunches with other students.
5. The safest way to reduce peanut/nut allergy risks in our classrooms is to read ingredient labels carefully and not send peanut/nut products to school. When reading labels, be watchful of the following:
 - "Contains: peanuts, tree nuts"
 - "May contain peanuts/tree nuts"
 - "Manufactured in a facility with peanuts, tree nuts"
 - "Manufactured on shared equipment with peanuts, tree nuts"

For birthday treats, we are also keeping everyone's welfare in mind and asking that treats be limited to any of the following:

- Fruits and vegetables
- Small store packaged treat such as those included on the attached list
- A single small trinket such as special pencils, stickers, erasers, etc. (Goodie bags are not necessary, a special single item is appreciated by all).
- No baked goods from home as per district guidelines

- Please consult the snack lists that were sent home in the students' class placement letters for many, many additional ideas

It is important to note, it isn't what is being served on a birthday but whose special day we are celebrating!

We have found that many of the children become very thoughtful concerning food allergies once they are informed about it, often reminding adults about a classmate's allergy, and asking if the snacks are "safe" for their friends. This is a learning process for all of us and it is a great opportunity to teach children about differences and how to help friends stay safe. We trust you will understand the necessity of these guidelines. Having classrooms with happy, healthy, hard - working students is our goal each year. We thank you in advance for helping our school community address the needs of each student. If you have any questions do not hesitate to contact me or your child's teacher.

Please sign this lower portion of the page and return indicating you have read these allergy safety guidelines. This may be returned with your child the first week of school. Thank you.

Parent Name _____

Student Name _____

Parent Signature _____

CLARENCE CENTRAL ELEMENTARY SCHOOLS

Dear Parents and Guardians,

Attached you will find a resource entitled, **Safe Snack Guide**. This guide has been taken from the SnackSafely.com website. This is a wonderful resource that will assist with selecting snacks and foods for classroom celebrations. Please note the following guidelines for using the snack guide:

Check mark () - items are explicitly advertised by their manufacturers as manufactured in facilities that are peanut, tree nut and egg-free on their packaging, literature and on their website.

Triangle () – items that are explicitly advertised as manufactured in facilities that are peanut, tree nut-free but contain egg or are manufactured in a facility that processes egg.

Bold-face – items that have been verified by direct participation of their respective manufacturers in the SnackSafely.com Manufacturers Partnership.

Black bullet ()– items are free of peanut, tree nuts and eggs as ingredients and have reported to the SnackSafely organization that they are not manufactured on lines that also process these ingredients.

It is always best to also consult the label on each package and/or contact the manufacturer directly if questions remain. The SnackSafely.com website also updates the list regularly. This list was generated for mailing on July 29th. Please consult the website for updated versions of the list as they do so on a monthly basis as new products become available and status of a product may change.

Thank you for your care and consideration of the welfare of all students.