What Resources are Available to me?

Books:

Websites:
- Stop Bullying.gov: [www.stopbullying.gov/](http://www.stopbullying.gov/)
  - Official government website for bullying awareness, prevention and intervention.
  - Provides a number of articles focused on the prevention of bullying as well as information about how to help a child who is being a bully or a victim of bulling.
- Bully Police USA: [http://www.bullypolice.org/](http://www.bullypolice.org/)
  - Designed to advocate for bullied children and provide information on state bullying laws.
- Cyberbullying Research Center: [http://www.cyberbullying.us/](http://www.cyberbullying.us/)
  - Provides information about nature, extent, causes, and consequences of cyber bullying.
- Parenting.org from Boys Town: [www.parenting.org](http://www.parenting.org)
  - Provides parents with information to help protect their child from bullying and to recognize when their child is bullying; online expert consultation for parents.

Local Resources for Families
- Catholic Charities - 218.1400
- Child & Adolescent Treatment Services Intake - 835-7807
- Child & Family Services - 842-2750
- Prevention Focus/Teen Focus - 884-3256
- Erie County Council for the Prevention of Alcohol & Substance Abuse (ECCPASA) - 831-2298
- Mental Health Association of Erie County - 886-1242

Referrals for Students in Crisis
- 1-800-273-TALK (Suicide Lifeline)
- 1-866-4-U-Trevor (LGBTQ Youth Suicide Hotline)
- 1-800-KIDS-400 (Buffalo Crisis Services hotline)

*Resources adapted from the Dr. Jean M. Alberti Center for the Prevention of Bullying Abuse and School Violence at [www.gse.buffalo.edu/alberticenter](http://www.gse.buffalo.edu/alberticenter).*