



Clarence Middle School 6-8 Lunch Menu

☘ March 2020 ☘

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2

Buffalo Chicken Sub

Garbanzo Beans
Baked Fries
Fruit Cup

3

Macaroni & Cheese with Dinner Roll

Romaine Salad
Zucchini
Peaches

4

Cinnamon & French Toast Sticks w/Turkey Sausage

Steamed Broccoli
Celery Sticks
Applesauce

5

Turkey & Gravy with a Warm Biscuit

Steamed Carrots
Mashed Potatoes
Diced Pears

6

Pizza Sub with Seasoned Pasta

Corn
Green Beans
Mixed Fruit

9

Chicken Nuggets with Seasoned Rotini

Broccoli
Mixed Vegetables
Fruit Cup

10

Beef Nachos Grande with Seasoned Rice & Toppings

Vegetarian Beans
Steamed Corn
Peaches

11

BURGER BAR

- * Build It Your Way
- * Pick Your Cheese
- * Pick Your Toppings
- * Special Sauces

Tater Tots
Green Beans
Applesauce

12

Grilled Cheese Sandwich

Tomato Soup & Steamed Carrots
Diced Pears

13

Meatball Sub w/Mozzarella & Pasta Twirls

Romaine Salad
Cauliflower
Mixed Fruit

Choose 3 to 5 components each day, which may include 1 entree. One of the components must be a fruit or vegetable.

16

Breadsticks & Chicken Nuggets w/Dip & Rotini

Tater Tots
Green Beans
Fruit Cup

17

Chicken Spinach Flatbread Melt

Broccoli Florets
Steamed Carrots
Peaches

Lucky Leprechaun Treat ☘

18

French Toast Sticks w/Turkey Sausage & Syrup

Romaine Salad
Baked Fries
Applesauce

19

Taco in a Bag w/Rice & Toppings

Veggie Beans
Corn Niblets
Diced Pears

20

Superintendent Conference Day

23

Sloppy Joe on a Bun with Fritos

Steamed Broccoli
Corn Niblets
Fruit Cup

24

Hot n' Spicy Chicken Patty on a Bun

Roasted Cauliflower
Veggie Beans
Peaches

25

National Waffle Day

Gourmet Waffles with Toppings & Turkey Sausage

Hash Brown Pattie
Celery Sticks
Chilled Juice

26

Pasta & Meat Sauce with Garlic Bread

Romaine Salad
Mixed Vegetables
Diced Pears

27

Nachos Grande with Rice & Toppings

Steamed Carrots
Green Beans
Mixed Fruit

30

Breadstick Dippers w/Sauce & Seasoned Pasta

Romaine Salad
Carrot Coins
Fruit Cup

31

Chicken Nuggets w/Rotini Twirls

Sweet Potatoes
Green Beans
Peaches

March is National Nutrition Month



Lunch Price - \$2.10

Additional Entrees Available:

- Pizza: Cheese, Pepperoni & Specialty
- Chicken Patty on a Bun
- Assortment of Subs
- Entrée Salads w/WG Croutons & Rolls
- Peanut Butter & Jelly Sandwich

Choice of Milk Included with Lunch:

Low-Fat White, Fat Free White, Fat Free Chocolate

USDA and this institution are equal opportunity providers and employers.

Meal Components:

Protein, Grain, Fruit, Vegetable and Milk

Choose 3 to 5 components each day, which may include 1 entree. One of the components must be a ½ cup of fruit or vegetable.

Fresh Fruit and Baby Carrots (1/4 c) available daily.

